



## Pre-Procedure Instructions

1. Absolutely **no Aspirin** products 7 days prior to the procedure day.
2. **NO BLOOD THINNERS** 7 days prior to the procedure. i.e., Coumadin, Xarelto, Plavix, Brilinta, Pletal
3. **Hold Lovenox 24 hours prior to the procedures**
4. No-steroidal anti-inflammatory (NSAIDS) medications or anticoagulants 24 hours prior to procedure.
5. No fish oil or omega-3 for 7 days prior to procedure
6. No Vitamin E, Ginkoba. Stop the day before the procedure
7. Bring transportation. Patient will NOT be allowed to drive after the procedure.
8. **NPO (nothing by mouth) after midnight or at least 6 hours** prior to procedure time. You may take medications that need to be taken with water only
9. Low fiber diet for 3 days.

### Location of the Procedure (Please arrive 15 minutes early)

- Shoreline Colonoscopy Suites (929 Boston Post Rd. Old Saybrook, CT 06475 First floor)
- Northeast Aligns Surgical Center (2080 Whitney Ave., Ste. 100, Hamden CT 06518  
T:203 987- 3303)
- Middlesex Hospital

### COVID-19 Status:

- Vaccinated
- NOT Vaccinated – MUST have negative COVID test result within 7 days of the procedure day (either **call us** to make a COVID test appointment or **bring in/fax results** to us)

Procedure date and time: \_\_\_\_\_

Name (Printed): \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Today's Date: \_\_\_\_\_ Signature: \_\_\_\_\_